

Sutton Bonington

Normanton on Soar

Kingston on Soar

VILLAGE NEWS

July and August 2022

YOUR COMMUNITY SHOP As well as all the Post Office services available at Your Community Shop, we stock lots of reasonably priced gifts, an extensive range of greetings cards as well as locally produced honey and free-range eggs. New stock arrives regularly so please come and take a look. For those, who are difficult to buy for, we now offer Amazon and One4All gift cards.

Are you a crafter or maker looking for an outlet to sell your products? If so, Your Community Shop may be the answer. The gifts we sell, help to make Your Community Shop viable so please support us to keep this valuable facility in the village. Contact sbcommunityshop@outlook.com to find out more.

SUTTON BONINGTON SHOW The Show is back, it is taking place as usual on the first Sunday of September. Full details of events over the Show weekend are enclosed with this issue and we look forward to everyone's continued support. We would be particularly pleased to hear from anyone who would like to join our small team of volunteers to help with the many tasks that contribute to the success of this important village event. We are also always looking for Sponsorship, from small amounts for the Horticultural prizes, to greater support for activities on the field.

If you are able to help in any way, please contact Judith Franklin on 07792469311 or judefranklin@outlook.com

HORTICULTURAL SOCIETY If you are reading this, you have almost certainly received a copy of the Schedule for the Sutton Bonington Produce Show, part of the Village Show, to be held on the 3rd & 4th September 2022. There are 98 Classes to enter, kudos to be gained and modest prizes to be won. Included with the schedule is the show cake recipe and tips on how to display vegetables, flowers, fruits and preserves. Entry is free to all residents of Sutton Bonington, Kingston, Normanton, Ratcliffe, West Leake and Zouch. So do not hold back, get growing, sewing, making and baking in order to ensure the continuing success of the Show. Any queries please ring Colin Blackshaw 672144.

SUTTON BONINGTON SHOW DANCE

Please come and join us for an evening of fun, live music from the spectacular Pitch Invasion, pizza supplied by local business 'A&A Hog Roasts and Pizza' and drinks from an outside bar. Sutton Bonington Show is very kindly letting the Playgroup host this spectacular fundraising evening in the main show marquee on the playing fields on Friday 2nd September at 7.30. A really fun evening not to be missed. Get your gang together finally. Tickets will be £20 including a welcome drink, pizza and dancing. Tickets will be available soon from Pasture Lane Stores, The Anchor Inn and The Post Office. Follow our Facebook page - Sutton Bonington Show Dance for more updates.

SUTTON BONINGTON PLAYScheme will be held from Monday 1st August to Friday 5th August and Monday 8th August to Friday 12th August between 10am and 12 noon. There will be many art and craft activities and all the usual sports. The last day will be extended to 1 pm and there will be a tea party for the children. Further information will be delivered via Sutton Bonington and Normanton on Soar Schools by mid-July.

UPDATE FROM THE VILLAGE HEALTH GROUP (VHG)

Face to Face appointments. Following the government's recent relaxation of Covid rules, the Village Health Group has reintroduced the booking of face-to-face appointments with doctors at both Sutton Bonington and East Leake surgeries. These will be available through Reception or through the Systonline booking. However, in order to minimise risk of infection for staff and patients, the Village Health Group respectfully requests that visitors to the surgeries continue to wear face masks in the public areas and also when talking to the doctors.

Missed appointments.

We regret to report that, during March and April, a total of **680** appointments were missed by patients at the four VHG surgeries. It would be appreciated if any unwanted appointments were cancelled twenty-four hours before the agreed time in order to give our team time to allocate the appointment to another patient.

Meet our Patient Participation Group (PPG) Some members of the PPG will be attending East Leake Carnival on Saturday 25th June 2022 and Keyworth Show on Saturday 2nd July 2022. Come along and find out more about how you can have a 'voice' and shape your local health and care services.

NORMANTON ON SOAR PICNIC IN THE PARK

A village get-together! We will be hosting our now annual event at the Normanton on Soar Village Hall Playing Field on Saturday 30th July from 4.30pm. Tickets will be available for purchase at the gate costing £5 per adult and free for children. We are having two bands joined by Andrew Randal, a Motown singer. There will be a licensed bar and barbecue to purchase food and drink from but feel free to bring your own picnic and gazebo. For further information, please ring Sue Ponting (01509 844088).

NORMANTON ON SOAR SIGNS

Have you seen the new village gateway signs in Normanton? They have taken a long time to install due to Covid, but they have been well worth the wait. We have Nottinghamshire County Council and ex Cllr Andy Brown to thank for part funding the signs through their Councillor Divisional Fund, the rest of the funding came from the Parish Council.

NORMANTON ON SOAR WI

The date to remember is 5th July, the talk being *Calke After Covid*. All meetings are at Normanton Village Hall, starting 7.30pm the first Tuesday of each month. Visitors are welcome. If you think you would like to join this great ladies' group, your first visit is free.

NORMANTON ON SOAR MEN'S ASSOCIATION

On Wednesday evening 20th July, we will be holding our annual Treasure Hunt/BBQ, which as always will be open to friends and family. Meet at the Village Hall Car Park from 6pm in cars. The Hunt will be a walk around Shepshed, returning for the BBQ at the Village Hall. Watch out for information on posters and Facebook. On Tuesday 9th August we will be playing petanque at The Blue Bell, Hoby, followed by supper. Details for this will be available on posters, Facebook and from Neil Blythe (01509 843825). New members are always very welcome.

QUEEN'S PLATINUM JUBILEE CELEBRATIONS

Sutton Bonington Parish Council would like to say a big thank you to everyone who made our Jubilee weekend such a success, it really was a community event. Particular thanks to Sheila Harrod and Janet Burgess for all their hard work and commitment in ensuring that everyone celebrated in style.

EVENTS AT KINGSTON ON SOAR VILLAGE HALL

10th July 8pm - Live and Local - Silent film with Live orchestra - Nosferatu
'A superbly sinister live score by the soundtrack group Minima.' FTimes
A marriage made in heaven (or perhaps hell): live soundtrack group Minima and FW Murnau's expressionist classic silent horror movie 'Nosferatu'. (2022 was its centenary year). Minima are a Bristol-based four-piece group, with instrumentation including cello, double bass, baritone guitar, acoustic and electric guitars, mandolin, autoharp, dulcimer, synthesizer, glockenspiel and drum kit. In performance they use no backing tracks or pre-recorded material.
Adults: £12, students £10 Tickets available from:

www.ticketsource.co.uk/kingston-on-soar-parish-council

Pub Quiz 23rd July - 8pm The second Kingston quiz night in the Village Hall. The winning team wins a round of drinks! All money raised goes to the continued upkeep and continued renovation of the village hall, which is a registered charity. The bar will be open serving a range of alcoholic and non alcoholic drinks. The new 5 star hygiene rated kitchen will be open serving a range of hot meals. £2 for individuals, £10 for a team (up to 6 people). If you do not have a team, do come along anyway and we can help you join a team if you would like. A great way to have a laugh and meet new people.

Kingston on Soar Beer Festival 16-18th September

Friday night- free entry, bar night and beer festival preview.

Saturday afternoon- free entry

Saturday evening - £5 entry. Live music from Relentless Rockabilly

Sunday afternoon - free entry and family day, including board games

Fabulous local beers and ciders! We have sponsorship available at £50 per beer. This is a great way to get your business some extra exposure and to help us raise some money for the community! For information on Kingston on Soar village hall events, contact nicole.e.elders@gmail.com 07758 947384.

CHAMBER MUSIC CONCERT IN KINGSTON ON SOAR CHURCH

St. Winifred's is pleased to announce that their fifth annual chamber music concert will take place in the ornate interior of Kingston-On-Soar parish church on Saturday 13th August 2022 starting at 7.30pm. Our string quartet, all of whom play in local symphony orchestras, will be back playing music by Lysenko, Bach, Barber and Borodin, accompanied by a glass of fizz and nibbles. Tickets are £10 for adults, £5 for students and children, pay at the door. The proceeds will be divided equally between the church and the DEC Ukraine Appeal.

SUTTON BONINGTON TENNIS CLUB

The court resurfacing is now complete and our four courts are looking lovely and playing really well so it is time to think about joining our friendly local village club, contact Jo on 07834 098436. We have a new system for those who wish to just play occasionally on our super floodlit courts via 'pay and play'. Please email Ash or Jo to find out more and to book your court ash.mace88@aol.co.uk or jo@10ant.net.

The next tennis club quiz is on 30th September 2022. It sold out quickly last time. We really appreciate the support of our sponsors. Should any other businesses or organisations or individuals wish to help us and get noticed please contact Ash 07940 920451.

LUNCH CLUB

Sutton Bonington Village Hall. Get the next dates in your diary for lunch club: 14th July and 11th August. Everyone is welcome to join us for our wonderful two course meal. There is free tea or coffee served from 11.30am, with lunch served at midday. The price is £3.50.

This favourite is a very easy pudding: Lemon Cream Surprise. Half pint of double cream, one tin of condensed milk, juice and rind of two lemons, digestive biscuits, butter. Make a biscuit base with crushed biscuits and melted butter. Set in fridge. Stir milk and cream together, add juice and zest and whisk until thick. Pour into base and enjoy! If you want to go further to impress, top with some lemon curd.

SUTTON BONINGTON MUSIC SOCIETY is here for the summer!

We are a student-led society that runs four ensembles from SB Campus: SB Singers, a fun and friendly choir suitable for all levels of experience; Mondays 6:30-8:00, The Barn.

SB Orchestra, a group for orchestral instruments that plays a variety of genres; Sundays 5:00-7:00, The Barn.

SB Folk Band, our instrumental folk group; Tuesdays, 6:30-7:30, The Music Room.

SB Big Band, our jazz group, is open to all jazz band instruments Thursdays 6:30-8:30, The Music Room.

Please find us on Facebook or contact Phoebe Little: svypl2@nottingham.ac.uk, non university members welcome.

Our Summer Concert is on Saturday 6th August at 3pm, under the Bandstand on campus. Entrance is free, and the concert is suitable for the whole family, so bring a picnic and listen to some great live music.

SOAR VALLEY U3A

Soar Valley U3A will be holding our next general meeting at 2pm on Tuesday 26th July at Normanton on Soar village hall. Our speaker will be Jane Barnes, who will be giving a talk 'The Life of a Farmer's Wife'. From small beginnings, the Barnes family have expanded their farm to a modern complex with a herd of 300 cows supplying milk for Stilton cheese manufacture. Jane will tell us an amusing story of the journey. Non members, who are retired, are welcome to attend.

Soar Valley U3A provides relaxed learning and leisure activities for retired people. For more information, phone Membership Secretary Marilyn Wood on 07812 913807 or search our website 'Soar Valley U3A'.

ST JAMES' NORMANTON ON SOAR ORGAN RECITAL FOR UKRAINE

St James Church is open every day from 10am to 4pm. Each day, we light a candle near the font to remember those suffering in Ukraine. To raise funds to support the relief effort in Ukraine, Brian will be giving an organ recital on Sunday 21st August from 5pm to 6pm, followed by a glass of wine and canapés. There will be no charge for the concert but donations for Ukraine would be appreciated.

QUIET SPACES AT ST JAMES', NORMANTON ON SOAR –TAIZÉ

The next Taizé-style service is planned for Tuesday 28th June at 6:30pm. All are welcome to this time of quiet with lovely Taizé music to sing and readings, poetry and prayers.

EVENING SERVICE OF MUSIC, PRAYERS AND POETRY

Like last year, every Tuesday in August at 8pm, we will have a half-hour service of music, prayers and poetry in St James Church. A time to be still and quiet in our beautiful peaceful church and share this special time with others.

NORMANTON ON SOAR CHURCH FÊTE

10th September 2pm to 4pm

It will be held as usual on the second Saturday in September. We have invited Ken Godfrey's Central Jazz Band to perform again and there will be all the usual stalls, plus some new ones! Our friends at Soar Boating Club have kindly agreed to do some boat trips from the fête. If you can help in any way at the fête or have any new ideas, please have a word with Brian and Sue or any member of the PCC.

SUTTON BONINGTON CHURCH FÊTE This will be held in the lovely grounds of The Hall on Sunday 10th July at 2.30pm by kind permission of Clare and Edward Elton, entrance £2, children under 16 free. There will be stalls, sideshows, live music and teas in the Orangery. Dogs on leads are always welcome, and this year we are holding a Dog Show for them, so please bring along your faithful friend. All proceeds to St Michael's and St Anne's Churches.

UNITED SERVICE: LAMMAS Everyone is welcome to celebrate the old festival of Lammas at a united service at 11.00am on Sunday 7th August in St Michael's Church. The word Lammas comes from the Old English half-maesse or loaf-mass when the bread for communion was made from the first corn of the new harvest.

BAPTIST CHURCH NEWS

Rock Solid youth club is for school years 7-10 and meets Tuesdays 7.45-9pm (term time). This term we are spending some evenings at the playing fields, a Chip Walk back from Loughborough and McDonalds on the Park. If anyone would like to join any of the sessions, they will be most welcome, you don't need to have been a member for the whole of the year – just turn up and enjoy!

The Rock Solid Taster Evening for children in year 6 – come and join in on 5th July, 7:45 – 9pm. We meet at church for registration (please bring contact details if you are new) and then head to SB Playing Fields where we will be having a mini-Olympic Games, with a strong possibility of water games! It doesn't matter which local school you go to – everyone is welcome at Rock Solid. No need to pre-book but parents can contact Brian Beach if you have any questions (07747 697006).

Coffee Break - Come and join us for an afternoon tea party at the home of Maggie Warren (24 Park Lane) on Wednesday 24th August 2022 at 2.30 – 4pm. A chance to meet, chat and enjoy strawberry cream scones and cakes. We are a group of retired men and women who meet on alternate Wednesdays at the Baptist Church in the lounge at 10.30am -12noon to meet friends, have a coffee, followed by varied, interesting speakers. Our next regular meeting is on Wednesday 21st September 2022.

Church picnics follow our morning (10.30am) services on Sunday 31st July and 21st of August. All are welcome to join us for the services or just for the picnic. Please contact us via the website for more information.

FROM THE BIODIVERSITY AND CLIMATE CRISIS WORKING PARTY OF THE PARISH COUNCIL:

Did you know there are 18 species of bats in the UK?

Common Pipistrelles are widespread and will likely be found on bat walks. Daubenton's bats are commonly found in Leicestershire and usually fly over rivers and near wooded areas so the river Soar would be an ideal place to spot these bats. If you want to spot some bats or help out with bat surveys, then the best way is to use a bat detector, a small device that converts the ultrasonic calls of bats into audible noises, usually clicking noises. Bats call at different frequencies which are then translated into different sounds over the bat detector which allows you to identify different species.

How can we help bats? You can buy a prebuilt bat box or bat box kit or build one <https://www.rspb.org.uk/get-involved/activities/nature-on-your-doorstep/garden-activities/build-a-bat-box/>

One of the biggest dangers to bats is artificial light, because it changes how they perceive times of the day. For example, artificial light shining on bat roosts can delay emergence from roosts as the light tricks the bats into believing it is still day when they hunt. This can affect feeding patterns by causing bats to miss the peak time of insect abundance which affects both the survival of individuals and the growth rates of the young. Having artificial light shining on a roost entrance can cause bats to abandon the roost or become entombed within a roost as they can be less inclined to leave the roost in light-heavy conditions. There are ways to prevent or reduce the harm caused to bats by artificial lighting, such as:

- Make sure that there are no bat roosts in the vicinity before setting up lights.
- Angling lights to avoid roost entrances.
- Use motion sensor lights to limit the number of time roosts, feeding areas and flight paths are lit up.
- Use bat-friendly lighting, often this comes in the form of coloured red lights
- Avoid placing lights along with linear features (such as hedgerows) as this is how bats navigate and around water sources, as these are prime feeding spots for bats.

CONTRIBUTIONS FOR THE NEXT ISSUE please to Arnold Goodwin (674563), Christine Elliott (844045), Penny Shuttleworth (07588395508) or Geoff Parnell (672639) by Monday 1st August. ***This will cover events for the months of September and October.*** Our e-mail address is villnews@yahoo.com